

OLLI

COURSE CATALOG

Spring 2022

March 7
Registration begins

A new membership bonus!
OLLI Reads: A Book Discussion Group

Page 5

See our new course categories
including wellness, home and garden,
world view and more!

Page 1



UC DAVIS

BECOME A MEMBER OF

OSHER LIFELONG LEARNING INSTITUTE (OLLI)

Courses and Events for Seniors

OLLI Membership Fees

SEMI-ANNUAL MEMBERSHIP

(Remaining Academic Year)

April 4, 2022 – June 30, 2022 **\$25**

If you are not sure your membership is current, please call Student Services at (530) 757-8777.

To Enroll

By Phone (530) 757-8777

Online cpe.ucdavis.edu/olli

Enrolling online requires an account. If you have questions, call Student Services.

Need help enrolling? Our Student Services team is available by phone to help! Call the number above and leave a message asking for a call back. Include your phone number and an email where you can be reached. Student Services office hours are: Monday-Friday, 8:30 a.m. to 4:30 p.m.



OLLI Reads! See page 5 for books featured this spring.

Class Locations

Out of respect for COVID concerns expressed by our members, Spring 2022 classes will take place in multiple formats – some courses will be offered in person and some will be available online via Zoom. In-person classroom locations are indicated beneath each class description and subject to change as conditions warrant. Maps to classroom locations are available on our website.

Please check the OLLI website for details and updates, or contact OLLI staff at olli@ucdavis.edu.

Exclusive OLLI Membership Offer for Members of UC Davis Retirees' Association (UCDRA) and UC Davis Emeriti Association (UCDEA)

To help build a more sustainable OLLI and engage the many talented, energetic and experienced members of UCDRA and UCDEA, we are offering you a complimentary course credit equivalent to your paid OLLI membership fee.

To receive your course credit, please register for membership and courses by phone at (530) 757-8777 Ext. 1. This offer requires validation of current UCDRA/UCDEA membership, which cannot be verified through our online registration system. For questions and further details, please contact the OLLI office at (530) 752-9695.

For others in need of financial assistance, OLLI scholarships are available. Contact the OLLI office to enroll.

COURSES AND EVENTS AT A GLANCE

NEW SUBJECT AREAS:

Community

Celebrating the diversity of life through courses and excursions featuring local and international travel, special interest groups and social gatherings, and learning experiences that promote acceptance and a profound understanding of the world we live in.

Discovery

Subjects of intellectual interest in various academic disciplines, incorporating OLLI's classics—categories from our time-honored catalog.

Longevity

Classes that speak to learners where they are in their lifespan, serving interests from home and garden to digital literacy, nutrition, fitness and experiences that address physical and mental wellness.

SPRING 2022 – Online registration begins March 7

As a helpful reminder, we suggest you circle or highlight the classes in which you have enrolled.

COURSE TITLE	#DAYS	START DATE	COURSE#	FEE	PG
Community					
SPECIAL INTERESTS					
The Armchair Traveler: 2021's Best American Traveling Essays	4	June 7	214SNR201	\$60	3
Good To the Last Drop: Coffee Roasting Lab	1	April 16	214SNR203	\$45	3
Have You Checked Your Personality Lately?	1	June 1	214SNR202	\$25	4
Memoirs: A Writing Workshop	8	April 5	214SNR205	\$75	4
OLLI Reads: A Book Discussion Group	4	April 15	214SNR200	FREE!	5
Turning Over a New Leaf: Becoming a Master Gardener Volunteer	1	May 11	214SNR207	\$25	5
Wine, Whine and Chat	9	April 8	214SNR210	FREE!	5
TRAVEL					
The Romantic Blue Danube: A River Cruise Retrospective	1	June 2	214SNR212	FREE!	6
OLLI Ed-Ventures: Tour the UCD Wolfskill Orchards	1	May 24	214SNR219	\$35	6
WORLD-VIEW					
<i>Frankenstein</i> Today	2	June 6	214SNR215	\$40	7
Living in America: An Immigrant's Perspective	1	June 8	214SNR217	\$25	7
Discovery					
ART, MUSIC AND THEATER					
Greek Myth and Greek Art	4	April 11	214SNR301	\$60	8
Hip Hop and Rap: Origins of Artistic and Social Movements	1	May 17	214SNR305	\$25	8
In the Name of Love: The Music of Motown—Part 2	2	May 12	214SNR300	\$40	9
FILM STUDY					
Elements of Film: Resolution—Great Film Endings	4	June 9	214SNR322	\$60	9

COURSE TITLE	#DAYS	START DATE	COURSE#	FEE	PG
HISTORY _____					
British Songs of Political Reform: 1768-1868	1	April 11	214SNR333	\$25	10
<i>Clothing Goes to War</i>	1	June 1	214SNR330	\$25	10
First Ladies Before, During and After the Civil War: Part 1	2	April 12	214SNR335	\$40	11
Seven (Human) Wonders of the Ancient World	2	April 20	214SNR337	\$40	11
Theodore Roosevelt and the Progressive Movement	4	April 7	214SNR334	\$60	11
LITERATURE AND PHILOSOPHY _____					
Only Hope: My Mother and the Holocaust Brought to Light	1	May 9	214SNR340	\$25	12
Railroads, Rocks and Remembrance	1	May 18	214SNR343	\$25	12
Saul, David and Absalom	2	May 12	214SNR345	\$40	13
T.S. Eliot's "Prufrock" and "The Waste Land"	2	May 16	214SNR347	\$40	13
POLITICS AND CURRENT EVENTS _____					
Climate Change, National Security and Geopolitics	4	April 26	214SNR368	\$60	14
Crossroads America	8	April 6	214SNR360	\$75	14
Global Britain from Empire to Brexit and Beyond	1	June 8	214SNR367	\$25	14
How Does the U.S. Rank Globally? 2022: A Top 10 Summary	1	May 26	214SNR362	\$25	15
Introduction to Constitutional Law: Part 2	4	April 5	214SNR363	\$60	15
Reading <i>The New Yorker</i> (Session 1)	8	April 15	214SNR365	\$75	15
Reading <i>The New Yorker</i> (Session 2)	8	June 10	214SNR366	\$75	15
Timely Topics	8	April 4	214SNR369	\$75	16
Weaving a Cautionary Tale About the Environment	1	June 9	214SNR361	\$25	16
SCIENCE _____					
Catching Conspiracy: History, Structure and Response to Conspiracy Theory	4	April 14	214SNR380	\$60	17
COP-26 and After: Takeaways from the Climate Change Conference and The Ministry for the Future	1	May 2	214SNR382	\$25	17
Life Through the Eyes of a Ground Squirrel: Does Personality Matter?	1	May 4	214SNR386	\$25	18
The Population Implosion: Where is Everybody?	1	April 13	214SNR388	\$25	18
<h1>Longevity</h1>					
HOME AND GARDEN _____					
All the Eggs in One Basket: Starting Your Home Poultry Flock	1	June 4	214SNR400	\$25	19
Your Forever Home: A Professional's Perspective on Home Remodeling	2	May 3	214SNR405	\$40	19
WELLNESS _____					
Innovative Digital Approaches for Mental Health	1	June 7	214SNR404	\$25	20
Mindful Movement: Qigong and Stretching	4	April 5	214SNR401	\$60	20

SCHEDULE OF COURSES AND EVENTS

Spring 2022 Enroll early! Classes begin Monday, April 4, 2022

Community



SPECIAL INTERESTS

The Armchair Traveler: 2021's Best American Traveling Essays

Many OLLI members are lifetime world travelers, while others fantasize about far-away, magical voyages. Yet the pandemic has ended nearly all movement for a while. What's the next best thing to do? Read about travel! We will be discussing a select number of "packed thoughts" about travel in *The Best American Travel Writing, 2021*, edited by Padma Lakshmi, an actress/model/foodie/author, all in a single suitcase. All Aboard for a fun ride!

Suggested Reading: *The Best American Travel Writing, 2021*, edited by Padma Lakshmi (Mariner Books)

Instructor: Rene Viargues is a long-time world traveler. He completed degrees at both UC Davis and UC Berkeley in political science. He received a second M.A. at the University of Pennsylvania under its interdisciplinary American Studies program. Viargues taught a variety of government, history and English courses for more than 30 years at the California Maritime Academy.

4 Tuesdays **June 7-28** **2-4 p.m.**
214SNR201 **\$60** **Zoom**

Good To the Last Drop: Coffee Roasting Lab

Many people enjoy coffee, but few appreciate the complicated science underlying their morning brew. In this educational adventure to a coffee roasting lab, we'll review an introduction to chemical engineering through the process of roasting and brewing coffee. Hands-on experiments will illustrate key principles, including material balances, chemical kinetics, mass transfer, fluid mechanics, conservation of energy and visual phenomena. In hour two, participants will taste several brews and roast their own coffee beans to take home.

Limited enrollment and materials fees apply.

Note: Course location requires a lengthy walk from campus parking to the classroom. (Visit <https://www.ucdavis.edu/about/visit/directions-parking> for info on how to pay campus parking fees.) Participants will be standing in place at lab-height tables for the entirety of the session. We regret that we are unable to accommodate participants with seating. Directions and parking recommendations will be provided to registrants via email a few days in advance of the class.

Instructor: Bill Ristenpart is the director of the UC Davis Coffee Center and associate professor in the Department of Chemical Engineering at UC Davis. He developed the course "The Design of Coffee" in 2013 in collaboration with his colleague, Professor Tonya Kuhl.

1 Saturday **April 16** **10 a.m.-12:30 p.m.**
214SNR203 **\$45** **UC Davis Coffee Roasting Lab**



Dr. Ristenpart and staff with OLLI's Sandy Mansfield and Jeri Ohmart in 2018

Have You Checked Your Personality Lately?

Are you the same person you think you are, or the same “person” everyone else thinks you are? We’ll try a few, very short personality “quizzes” in this course and see what you discover! While this experience is absolutely *no* real attempt to analyze you, it can be a lot of fun, and you don’t have to divulge the outcomes! During the session, we’ll do four or five exercises such as the Sherwin Williams Color Preference, the CANOE test and a very short (10 questions) exercise. You will receive advance links to free versions of the Myers-Briggs and Enneagram Personality Tests to complete *prior* to the class. We will explore these two in some depth. We’ll poll the class to see the range of personas indicated. Who knows what we might learn?

Instructor: Doug Stowell has been a national OLLI instructor since 2018. His career includes director of market research for Xerox, U.S. director for the U.K. firm National Opinion Polling, Ltd. in London, and senior consultant with Wirthlin Worldwide Polling in Washington DC. He opened his own firm in 2008 and continues today conducting global consumer issues surveys.

1 Wednesday	June 1	2-4 p.m.
214SNR202	\$25	Zoom

Memoirs: A Writing Workshop

The legacy of your personal stories has great value to your family, of course, and to other people, too. Several memoirs and stand-alone memoir stories have been published out of this class, which operates like a writer’s workshop. Every week you will write a three- to four-page memoir piece or personal essay. Then you will receive feedback and ideas on grammar and punctuation, story structure and the use of literary technique. You will also have the opportunity to read two or more of your stories to the class for a more in-depth critiquing session. Join us on the memoirists’ journey where we make meaning, and art, of our life experience.

Instructor: Kit Kirkpatrick is certified as a memoirist by the Pacifica Graduate Institute in Santa Barbara. She holds a Life Teaching Credential from UC Davis and a master’s degree in communications from CSU, Sacramento. She has been a publicist, owned a public relations agency and published a statewide magazine, *California Restaurateur*.

8 Tuesdays	April 5-May 24	12:30-3:30 p.m.
214SNR205	\$75	Zoom



OLLI Reads: A Book Discussion Group

Join us for the inaugural quarter of OLLI's new book club! Our facilitator will guide the group as we explore one book **each month** of the quarter. Each book offers a different take on social justice in America: 1) *Caste*, an eye-opening examination of how our world has been shaped by caste and how its rigid, arbitrary hierarchies still divide and damage us today; 2) *Night Watchman*, a novel about conflict between a small band of Native Americans and the federal government and 3) *American Prometheus*, an engaging biography of J. Robert Oppenheimer, father of the atomic bomb, and his fall at the hands of the House Un-American Activities Committee. Come share your opinions and reactions to these compelling books. The final session will provide a review and more scintillating conversation.

Note: OLLI membership required.

Instructor: Cynthia Kellogg taught language and literature for 40 years at Woodland Community College, where she designed the course, "Many Voices," to introduce students to works from diverse cultures. Later she taught at UC Davis. Her favorite pastime is reading books. Her other favorite pastime is talking with other people about books.

4 Fridays	April 15-July 1	1-3:30 p.m.
214SNR200	FREE!	Zoom

Turning Over a New Leaf: Becoming a Master Gardener Volunteer

If you've always had a passion for gardening and all things green, rediscover yourself as a Master Gardener! In this special session, you'll learn in-depth details about the UCCE Master Gardener program in Yolo County. The program coordinator will discuss the mission of the program, requirements about how to become a volunteer and the exciting connections, projects, and experiences that await you. There will be plenty of time for questions and answers. If you love to share your knowledge, engage with your community and meet other folks with similar interests in gardening, then join us to learn if Master Gardening is a good fit for you.

Instructor: Jennifer Baumbach is the UCCE Master Gardener Program Coordinator of Solano and Yolo counties. She's been administering the program since 1998. Her goal is to get residents of the counties to learn more about how to garden and to glean the fruits of that knowledge.

1 Wednesday	May 11	2-4 p.m.
214SNR207	\$25	Zoom

Wine, Whine and Chat

Join OLLI members online for Friday afternoons with an hour of stimulating discussion and laughter. Come share your thoughts and recommended readings of articles, books or podcasts—a great way to stay connected and end your week with OLLI friends. Bring your favorite beverage, kick back and enjoy the camaraderie. Rules are few: be respectful, be kind and agree to disagree with others. These make for a rich conversation. Our goal is to gather, have a lively discussion and close out the week with fellow thinkers!

Note: OLLI membership required.

Hosts: OLLI members Charlotte Lucero, Dale Good and Karen Cohen

9 Fridays	April 8-June 3	4-5 p.m.
214SNR210	FREE!	Zoom

The Romantic Blue Danube: A River Cruise Retrospective

Enjoy a retrospective of OLLI’s first travel-abroad excursion with Grand Circle Cruises. OLLI members Rene Viargues and Carolyn Gopalan will share tales of their travels on the Danube River and through the cities of Prague, Cesky Krumlov and Budapest. Hundreds of OLLI members nationwide were on this cruise, which included multiple learning experiences, from UNESCO World Heritage Sites to historic palaces, rural farms, schools, and medieval towns and villages. Take part in a conversation about where OLLI groups from Davis might travel to together in the future, and how you can take part.

Note: OLLI membership is required to participate in this free course.

Instructor: Rene Viargues (see page 3)

1 Thursday	June 2	2-4 p.m.
214SNR212	FREE!	Zoom



Bird Castle and the historic district of Cesky Krumlov – courtesy of Xth Floor

OLLI Ed-Ventures: UC Davis Wolfskill Orchards

Tour the UC Davis Wolfskill Experimental Orchards near the town of Winters. Learn about John Wolfskill and the land grant that he obtained in 1842 and the establishment of the experimental orchards in 1934. We will also take a “hayride” on a flatbed trailer around the orchards and discuss some of the significant past and ongoing research on strawberries, tree fruits and nuts conducted at the facility. If the timing is right we will also sample a few of the numerous fruits grown in the orchards. Pack your own lunch and sit down with your classmates for a picnic after the tour! Bottled beverages supplied by OLLI.

Note: Participants must provide their own transportation to the Wolfskill Orchards in Winters. A map will be sent before the class. Participants must be prepared to walk unassisted on rough and uneven ground, and ride on a flatbed trailer. Please wear sturdy, comfortable shoes, a hat or sunscreen, and be prepared to walk. Limited enrollment.

Instructor: Ted DeJong

1 Tuesday	May 24	9:30 a.m.-noon
214SNR219	\$35	Wolfskill Experimental Orchards, Winters

Frankenstein Today

If you only know of *Frankenstein* from the silver screen, maybe you don't know *Frankenstein* at all! It is time to reconsider the classic novel by Mary Shelley, with an eye toward how it speaks to a world where scientific breakthroughs vie for headline space with an anti-intellectual backlash. We will explore what *Frankenstein* might have to say to current issues such as gene editing and when life begins, not to mention recent vaccination debates. Many believe that we have been living in a golden age of science—is that about to come crashing down around us under the pressures of political division and “alternative facts”? Some see this novel as a subversive feminist commentary on motherhood and procreation, others as a Gothic masterpiece, or even as the first science fiction novel. Come and decide for yourself why people are still reading—and reinterpreting—*Frankenstein*.

Suggested Reading: *Frankenstein; or, The Modern Prometheus* by Mary Shelley

Instructor: Pamela Dolan had nearly completed her doctorate in English at New York University when she left academia to pursue a call to the priesthood. She is the rector of the Episcopal Church of St. Martin in Davis and the author of the forthcoming book *Contemplative Gardening*. She holds degrees from UC Berkeley, Harvard and the University of the South.

2 Mondays	June 6 & 13	10 a.m.-noon
214SNR215	\$40	Zoom

Living in America: An Immigrant's Perspective

A panel of members born in different countries, but now living in the United States will answer questions about the differences they found between their homelands and their new adopted country. Other nations' systems of education, politics, health provision, child care, etc. will be discussed, as well as adjustments the panelists had to make in the ordinary experiences of everyday living. Guest panelists will represent the following nations: India, Hungary, England and the Philippines.

Instructor: Barbara Drushell earned degrees in Classics (Greek and Latin language and literature) from Douglass College and from Harvard. She was a teaching fellow at Harvard and an instructor at Ohio State University. Drushell continued her career as a lecturer in English, specializing in writing and poetry, at California State University, Bakersfield.

1 Wednesday	June 8	10 a.m.-noon
214SNR217	\$25	Galileo



Multinational flags greet travelers at O'Hare airport – courtesy Engin Yapici, Unsplash



ART, MUSIC AND THEATER

Greek Myth and Greek Art

Greek myth is one of the most enduring legacies of ancient Greek culture, familiar to us from mythology handbooks and Greek literary texts such as *The Odyssey*. Greek myth, however, was also a popular subject for Greek art and many traditional tales best known from their depiction on Greek vases and Greek sculpture. This class will introduce students to the Greek myths exhibited in Greek art through analysis of well-known monuments such as the Parthenon and lesser known works of sculpture and vase painting. Students will learn how to recognize the story and analyze the narrative technique used. They will also learn how to evaluate the underlying messages of political propaganda, religious belief, and moral and ethical questions that such objects often convey.

Suggested reading: *Art and Myth in Ancient Greece*, Thomas H. Carpenter; Thames & Hudson, 2nd edition

Instructor: Lynn Roller is an emeritus professor of art history at UC Davis, with special interests in the art and archaeology of the ancient Near East, Greece and Rome. She has conducted archaeological research in Greece, Turkey and Bulgaria, and has published widely on Greek sculpture and vase painting.

4 Mondays **April 11–May 2** **2-4 p.m.**
214SNR301 **\$60** **Watermelon Music**

Hip Hop and Rap: Origins of Artistic and Social Movements

Where did rap and hip hop come from? What socio-economic and historical conditions produced this “urban noise”? This course will trace the development of rap—as well as graffiti, breakdancing and style—out of the South Bronx of the late 1970s. We will explore the arts of hip hop in relation to deindustrialization, the Cross Bronx Expressway and rising gang violence. Urban youth of color sought an aesthetic outlet for their frustration and anger, finding means in their environment to recycle and create. Deejaying and rapping, creating loops of samples from other music with someone talking over the beats have roots in African American “toasting” and the “dozens” as well as in Jamaican Sound Systems.

Instructor: Julia Simon is a cultural historian in the Department of French and Italian at UC Davis. She is also a working blues musician, gigging in bands for the last 20 years. Her most recent book, *Time in the Blues*, was published by Oxford University Press in 2017.

1 Tuesday **May 17** **2-4 p.m.**
214SNR305 **\$25** **Zoom**



Dancers prepare for a photo shoot with hip-hop artist Ty Breezy – courtesy Gordon Cowie, Unsplash

In the Name of Love: The Music of Motown—Part 2

In response to popular demand by our members, a continuation curriculum has been prepared on the significant contribution of Motown to American music. Terrific sounds from the 60s, 70s and 80s representing great hits from Detroit, Philadelphia, Atlanta and elsewhere successfully competed for top spots on music charts. Most of these songs were recognizable within the first few seconds, grabbing the attention of listeners. We'll be sharing the music of artists like Smokey Robinson, The Four Tops, The Temptations, Otis Redding, Stevie Wonder and many others. Shared videos will enhance appreciation of performances. Wear your bright colors and be ready to share your thoughts and memories.

Instructors: Larry Lobre, M.P.A., worked for decades in social services and was the director of professional services at UC Davis Continuing and Professional Education's Human Services. His long-time interest in music includes singing and playing in various bands for many years. Lifelong learning is his passion.

Dennis Pendleton has focused much of his career on community engagement and outreach at UC Davis over the past 40 years. He retired in 2015 after serving for 14 years as dean of the UC Davis Division of Continuing and Professional Education. He loves all types of music, and appreciates the opportunities OLLI offers for listening to and talking about music with other members.

2 Thursdays	May 12 & 19	10 a.m. - noon
214SNR300	\$40	Zoom

FILM STUDY

Elements of Film: Resolution—Great Film Endings

Take a moment to think about any of your favorite films and then consider the endings. Was it the actual *conclusion* of the film that made a lasting impact on you as a viewer? Resolution can be the most powerful tool for a filmmaker to leave a meaningful memory with the audience, whether it concludes with a twist, resolves the story arc, leaves an ambiguous question for the audience to answer or offers an expanded ending with an epilogue. In this course, we will view four films showcasing very different endings. See our online listing for this course with the titles to be shown.

Instructor: Timothy Youngs teaches broadcast journalism and video production at Cosumnes Oaks High School in Elk Grove. His curriculum includes film appreciation, which allows students to explore technical and creative production elements in crafting exceptional media. He is a graduate of CSU Sacramento and holds degrees in history, music composition and voice, as well as teaching certificates in history, arts and media entertainment, computer programs and music.

4 Thursdays	June 9-30	1-4 p.m.
214SNR322	\$60	Galileo



British Songs of Political Reform: 1768-1868

The year 1768 saw the birth of a century of struggle for democracy by the working people of Great Britain. It was also the golden age of the broadside ballad— inexpensive song sheets sold on the street, often spotlighting popular figures and spreading the word of reform efforts. This course examines the history of those tumultuous times. The instructor will share a few songs from 120 ballads, which were selected for inclusion in his recently published book.

Suggested Reading: *Again With One Voice* by Dick Holdstock, Loomis House Press.

Instructor: Dick Holdstock was born in England and is the retired director of Environmental Health and Safety at UC Davis. For over 40 years he has performed the traditional folk music of his British roots while collecting the Broadside Ballads that tell of the British working-class struggle for freedom and democracy.

1 Monday	April 11	10 a.m.-noon
214SNR333	\$25	Zoom

Clothing Goes to War

Clothing Goes To War is an enlightening story of civilian clothing use during World War II. Manufacturing for civilians across the globe nearly stopped when outfitting the troops took precedence and raw materials and workers were shifted to war work. People responded to the scarcity of consumer goods by using ingenuity and creativity to “make do.” We will discuss research findings about the difficulty of dealing with rationing and scarcity and the resulting creative methods used to get by. Turner will share stories of more than 50 people she interviewed from a wide range of countries involved in WWII who found ways to make-do, mend and create. An opportunity to share your own remembrances of family stories about dealing with wartime shortages will end the class.

Suggested Reading: *Clothing Goes to War* by Nan Turner, Intellect Books

Instructor: Nan Turner worked as a fashion designer in New York, Paris, San Francisco and Columbus, Ohio for nearly 30 years before returning to Davis in 2010, to obtain a master’s degree in textiles and clothing and then taught in the UC Davis Textiles and Clothing Department. Her book, *Clothing Goes To War*, will be published in March 2022.

1 Wednesday	June 1	10 a.m.-noon
214SNR330	\$25	Zoom



Utility Dress image from Detroit Evening Times, 1944 – Courtesy Library of Congress

First Ladies Before, During and After the Civil War: Part 1

Those tumultuous years before, during and after the Civil War were times that tried women's souls. Some First Ladies, along with their husbands, rose to the demanding occasion, others did not or could not. We'll investigate the lives and times of women who carried the mantle of First Lady of the Land from 1850 to 1869. Some are historical ghosts we'll bring to life. Harriet Lane is a hidden jewel we'll grow to admire. We'll also discuss Abigail Fillmore and Jane Pierce. In Part 2, we'll meet the famous (or infamous) Mary Lincoln, a larger-than-life character. America's First Ladies are not elected, yet they play significant roles during their time in the White House. Using photographs, video, stories and discussion, we'll explore the lives of three First Ladies.

Instructor: Joan Griffin is a writer and historian who specializes in first ladies. She has also taught classes on first ladies at both OLLI at UC Davis and OLLI at Sierra College.

2 Tuesdays **April 12 & 19** **10 a.m.-noon**
214SNR335 **\$40** **Zoom**



Harriet Lane—the only person to have served as First Lady to bachelor president, James Buchanan

Seven (Human) Wonders of the Ancient World

Seven major figures from the ancient world—four Greek and three Roman—will be featured. Their lives will be discussed in relation to the influences they had on the whole of Western Civilization. Some may be quite familiar to those attending (e.g. Julius Caesar), but others less so (e.g. Themistocles). All, however, made enormous contributions to the world in which we live.

Instructor: Barbara Drushell (see page 7)

2 Wednesdays **April 20 & 27** **10 a.m.-noon**
214SNR337 **\$40** **Galileo**

Theodore Roosevelt and the Progressive Movement

Together, we will explore the life of Teddy Roosevelt from his early days as a sickly child to his reputation of talking softly and carrying a big stick. We will set his biography within the time that he arose to greatness, from the Gilded Age to the Progressive era, and examine his impact on the major issues of his time.

Instructor: Don Fraser has spent a lifetime working in a variety of capacities in government. This includes direct experience in the management of local government organizations and specialized assistance as a consultant. Fraser has a bachelor's degree in political science from UCLA and a master's degree in public policy and administration from CSU Long Beach. This academic background, combined with a lifelong interest in the study of American history and politics, led Fraser to both write a book and begin teaching on the founding of the United States.

4 Thursdays **April 7-28** **10 a.m.-noon**
214SNR334 **\$60** **Zoom**

Only Hope: My Mother and the Holocaust Brought to Light

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her internment in Polish ghettos and two Nazi concentration camps: Auschwitz and Gross-Rosen. Her powerful stories have recently been published by her son, professor Irving Lubliner. He will share excerpts from *Only Hope: A Survivor's Stories of the Holocaust*, shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors and his process in bringing the book to fruition. The presentation will be interactive, inviting opportunities for questions and discussion.

Instructor: Irving Lubliner teaches math, music and literature classes for OLLI at Southern Oregon University. Specializing in math education, he taught for 40 years, led teaching seminars in 39 states, and gave 350 conference presentations and keynote addresses. He completed his graduate work at UC Davis in the 1970s and is now an emeritus professor at Southern Oregon University. In 2019, he created Felabra Press and published his mother's Holocaust-themed writings.

1 Monday	May 9	2-4 p.m.
214SNR340	\$25	Zoom

Railroads, Rocks and Remembrance

Explore the research and philosophy behind Tom Lin's novel *The Thousand Crimes of Ming Tsu*, a fast and savage tale of revenge, featuring a Chinese American protagonist carving a path across the American West. We'll begin with a geological history of the American landscape before examining the poorly archived and often harsh lives of Chinese American railroad laborers in the 1860s. Finally, we'll pass what we've learned through the lens of philosophy, investigating the relationship between personal identity, memory and metaphysics.

Suggested Reading: *The Thousand Crimes of Ming Tsu* by Tom Lin, Little, Brown & Co.; *Annals of the Former World* by John McPhee, Farrar, Straus and Giroux; *Ghosts of Gold Mountain* by Gordon H. Chang, Mariner Books.

Instructor: Tom Lin was born in China and immigrated to the United States at the age of four. A graduate of Pomona College, he is currently in the Ph.D. program for literature at UC Davis. *The Thousand Crimes of Ming Tsu* is his first novel.

1 Wednesday	May 18	2-4 p.m.
214SNR343	\$25	Zoom



Chinese railroad laborers. Photo is believed to have been taken in 1869.

Saul, David and Absalom

Put on your psychotherapy hat and pretend that the three individuals named in the class title come to you in that order for help. Next, write up your notes that include a general account of what's wrong and what's right with each of them, like a diagnosis and recommendations for therapy. Use general terms employed in American culture today, like "depressed" or "manic-depressed" or "a narcissist" or "psychotic," or "with it," meaning "a really all-around together person." Does your diagnosis help explain what happened to them? We'll ponder those questions together while examining scriptural text.

Suggested Reading: The Books of Samuel I and II from the Bible

Instructor: David Robertson received his Ph.D. in religious studies from Yale University. He is a retired professor of English at UC Davis, where he taught courses in The Bible as Literature for nearly 40 years.

2 Thursdays **May 12 & 19** **2-4 p.m.**
214SNR345 **\$40** **Galileo**

T.S. Eliot's "Prufrock" and "The Waste Land"

In this course, get an introduction to T. S. Eliot's most famous modernist poems, "Prufrock" and "The Waste Land." "The Waste Land" is arguably the most important poem in English in the 20th century. Everyone in "the literary game" responded to it in one way or another. Connections are found in *The Great Gatsby*, *Lady Chatterley's Lover*, *One Flew Over the Cuckoo's Nest* and even Stephen King's *The Dark Tower*. "The Love Song of J. Alfred Prufrock" was Eliot's first major publication and is widely considered to be the first masterpiece of modernism in English. His poetry was a radical departure from the restrictions of established forms and diction at the time.

Instructor: Peter Hays has taught literature and drama at UC Davis for 50 years. He has published on Frost, Eliot, Hemingway, Fitzgerald and Kesey.

2 Mondays **May 16 & 23** **2-4 p.m.**
214SNR347 **\$40** **Galileo**



Missed a class?

Watch select OLLI classes on Davis Media Access (channel 15) or visit the Yolo County Library in Davis and check out the Osher Lifelong Learning DVD collection.

Visit cpe.ucdavis.edu/olli for more info.

Climate Change, National Security and Geopolitics

Climate change is a global threat requiring an unprecedented, coordinated global response. Countries around the world must work to mitigate climate change while simultaneously adapting to the effects of a warming planet. At the same time, countries face external security threats and internal instability exacerbated by global warming. How do the nations of the world respond when one nation, acting in its own interests, builds dams and blocks water flows to its neighbors? How will the world respond to millions of climate refugees? To global food shortages? Global economic disruption? Does the world’s response to the COVID-19 pandemic give us any insights? We will take a close look at these and other security threats heading our way.

Suggested reading: *Climate Change and the Nation State* by Anatol Lieven, Penguin Books

Instructor: Steven A. Browning is a retired U.S. ambassador, who spent most of his 35-year diplomatic career working in developing world countries—those most likely to face the brunt of global warming. His experience as the State Department’s coordinator for Ebola response gave him insights into the challenges of international cooperation against a global threat.

4 Tuesdays	April 26-May 17	10 a.m.-noon
214SNR368	\$60	Zoom

Crossroads America

Our nation faces a multitude of challenges. We may always be at a crossroads in our country, whether over an election or any of the legislative issues our representatives face. This weekly discussion group will provide a safe forum for OLLI friends to review and discuss recent socio-political news and issues.

Instructors: Brenda Turner served many terms as chair of the OLLI Curriculum Committee. She has a passion for discussion on U.S. and world politics. She was a speech pathologist and special education teacher for the Yolo County Office of Education for 27 years and holds degrees in linguistics from UC Davis and speech pathology from CSU Sacramento.

Dale Good served in the Navy as both enlisted and an officer, touring Africa and the Caribbean. After graduate school, he was the chief information officer for the Minnesota Supreme Court and Public Safety Agency, and an adjunct instructor in the Minnesota State University system. More recently, he served as an executive for the California Courts.

8 Wednesdays	April 6-May 25	10-11:30 a.m.
214SNR360	\$75	Zoom

Global Britain from Empire to Brexit and Beyond

Britain ruled the most extensive empire in human history, on which the sun never set. Now, post-Brexit, Britain is just a modestly prosperous offshore island of Europe about the size of New Zealand. What happened? How will Boris Johnson cope? Will the new policy of ‘Global Britain’ and the new AUKUS alliance revive this former superpower? This interactive discussion will identify Britain’s assets virtues and ambitions.

Instructor: Stephen Hoadley is a veteran university professor at the University of Auckland New Zealand, working primarily in the sub-discipline of foreign policy analysis. A graduate of the University of California, Santa Barbara, he is also an academic author, media commentator and public speaker. He has been analyzing U.S. foreign affairs since the presidential election of 1964, and enjoys leading OLLI courses online from his home in New Zealand.

1 Wednesday	June 8	2-4 p.m.
214SNR367	\$25	Zoom

How Does the U.S. Rank Globally? 2022: A Top 10 Summary

Engage in a comparison of the U.S. rankings in over 25 key, global categories for 2022. We'll look at economic factors like incomes, deductions and taxes; the environment and pollution; energy sources; healthcare costs and outcomes; marriage, divorce and birth rates; education levels and achievement; life expectancy and paid vacations; population trends; an index on religiosity and atheism; a national prosperity index; murder and crime rates; a change readiness index; happiest and most competitive countries; "best" countries ranked; "where" to be born - 2022; et al. Charts and links to data sources will be provided to participants in advance.

Instructor: Doug Stowell (see page 4)

1 Thursday	May 26	10 a.m.-noon
214SNR362	\$25	Zoom

Introduction to Constitutional Law: Part 2

As with Part 1 of this class, in the first hour, the instructor will provide background and history of constitutional provisions. In the second hour, we'll engage in interactive discussion of current developments on the topic. For example, we may discuss the Due Process Clause in the first hour and explore how it applies to the new Texas abortion statute in the second hour. Topics will be determined on the most current developments nationally. We'll have plenty to talk about! Suggested readings will be sent to participants in advance of class each week.

Instructor: Margaret Johns received the Distinguished Teaching Award, the Distinguished Public Service Award and the Alumna of the Year Award while teaching at the UC Davis School of Law. She founded the school's Civil Rights Clinic and has been recognized by federal trial and appellate courts for her pro-bono service.

4 Tuesdays	April 5-26	2-4 p.m.
214SNR363	\$60	Watermelon Music

Reading *The New Yorker* (Sessions 1 and 2)

This course is an ongoing participation-discussion seminar based on weekly selections from *The New Yorker* magazine. Limited enrollment.

Instructor: Michael Pach retired from a lengthy career in information system security validation and verification in both the public and private sectors. He and his wife live in Davis, endlessly catching up with all of the things he postponed while working and raising a family. These include guitar lessons, struggling to learn French, traveling, reading and enjoying time spent sharing ideas and thoughts with others in *Reading The New Yorker*.

SESSION 1

8 Fridays	April 15-June 3	10 a.m.-noon
214SNR365	\$75	Zoom

SESSION 2

8 Fridays	June 10-July 29	10 a.m.-noon
214SNR366	\$75	Zoom

Timely Topics

Discuss current and timely events that affect our lives. The instructors provide weekly at-home assignments for each upcoming session. Reading materials for the class will be available via links on the internet sent to class participants by email. If, for example, a particularly interesting presenter from the World Affairs Council is obtainable only via audio over the internet, participants should have listened to the presentation so it can be discussed during the upcoming class. **Limited enrollment.**

Instructors: Dan Buckley graduated from the University of San Francisco and has a master's degree in transportation management from the Florida Institute of Technology. He served in the U.S. Army for 27 years and was on the faculty of the Naval War College in Newport, R.I., focusing on strategy and operations for four of those years. He is currently retired and enjoys civilian life in Davis.

Paul Tarczy has an MBA from Golden Gate University. He spent 30 years working in the midst of the transformation of computer technology from mainframes to personal computers and spent much of his career setting up and maintaining computer networks in both the private and public sectors.

8 Mondays	April 4-May 23	10 a.m.-noon
214SNR369	\$75	Zoom

Weaving a Cautionary Tale About the Environment

The Kesterson Reservoir was a national wildlife refuge near Gustine, California, that suffered an environmental disaster of epic proportions in the 1980s. The location is now a part of the current San Luis National Wildlife Refuge. Craig Wilson's novel, *Kesterson*, is a fictionalized account of that sad saga and serves as an allegory to larger concerns, including climate change. Join the author to examine such issues as seen through the lens of the book.

Suggested reading: *Kesterson* by Craig Wilson, Gatekeeper Press

Instructor: Craig Wilson carved out a long career as a water attorney, working in private practice and serving as chief counsel to the California State Water Board. He was appointed as California's first Delta Watermaster where he authored several reports on emerging water issues.

1 Thursday	June 9	10 a.m.-noon
214SNR361	\$25	Galileo



Raptors such as this Cooper's hawk and waterfowl were among the many species impacted at the Kesterson site. – courtesy Robert Thiemann, Unsplash

Catching Conspiracy: History, Structure and Response to Conspiracy Theory

Conspiracy theories are an old and pervasive phenomenon, woven into the fabric of human communication throughout history. The past two years have shown the potential social impact of science conspiracy theories during infectious disease outbreaks and national crises, and popularized discussion of how and why they spread. In this discussion-based course, we will examine recent COVID conspiracy rumors, as well as previous conspiracy theories. We'll discuss the history, structure and spread of conspiracy theories and ways to engage with believers and evaluate information on social media.

Suggested reading: *Covid-19 Conspiracy Theories: QAnon, 5G, the New World Order and Other Viral Ideas*, John Bodner et al, McFarland Publishing

Instructor: Anna Muldoon is a co-author of *Covid-19 Conspiracy Theories: QAnon, 5G, the New World Order and Other Viral Ideas* and currently researching the structure and spread of disease conspiracies. Anna spent the past 10 years studying infectious disease outbreaks, international systems and policy communication, before diving into conspiracy studies. She is a research professional on the staff at Arizona State University.

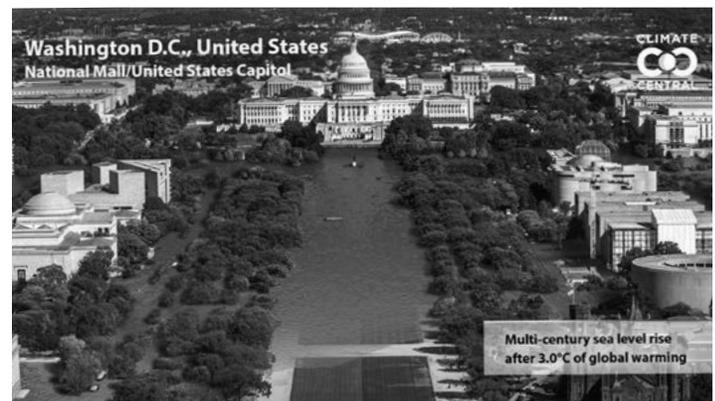
4 Thursdays	April 14-May 5	2-4 p.m.
214SNR380	\$60	Zoom

COP-26 and After: Takeaways from the Climate Change Conference and The Ministry for the Future

Join noted author Kim Stanley Robinson as he describes his experience as a participant in the COP-26 climate change conference in Glasgow, Scotland. He'll reflect on what we can expect to see going forward from that event, emphasizing the planetary ecological boundaries we are about to break, the international system for taking action and possibilities for financing that action. Much of his lecture will expand on his novel *The Ministry for the Future*, adding some of what he has learned since completing that book in 2019.

Instructor: Kim Stanley Robinson is an American science fiction writer who has lived in Davis for 40 years. Much of his leisure time has been spent in the Sierra Nevada. He visited Antarctica in 1995 and 2016 as part of the U.S. National Science Foundation's writer and media program. *Time Magazine* declared him a "Hero of the Environment" in 2008. He is an advisor to the Sierra Nevada Research Institute at UC Merced.

1 Monday	May 2	10 a.m.-noon
214SNR382	\$25	Zoom



A computerized image of potential future water levels at the U.S. Capitol – courtesy of climatecentral.org

Life Through the Eyes of a Ground Squirrel: Does Personality Matter?

Given that humans display a wide range of personality types, it might not come as a surprise to know scientists are increasingly finding evidence of personality traits in non-human species as well. Researchers have documented personality differences in a diversity of species, from jumping spiders to elephants. But what is animal personality, exactly, and why should we care about it? We will explore the causes and consequences of animal personality as it pertains to the ecology and conservation of wildlife, paying special attention to how personality influences a day in the life of a ground squirrel. As part of this story, we will discuss the history of studying animal personality, as well as recent research on personality in golden-mantled ground squirrels in Gothic, Colorado.

Instructor: Jaclyn Aliperti holds an MS and Ph.D. in ecology from UC Davis, where she studied the behavior of bats in Mexico and ground squirrels in Colorado. Jaclyn transforms science into stories that can inform biodiversity conservation by making information about the natural world more accessible to general audiences.

1 Wednesday **May 4** **2-4 p.m.**
214SNR386 **\$25** **Zoom**

The Population Implosion: Where is Everybody?

Demographics is the numerical study of populations, but far from being just “a bunch of numbers,” simple demographic analysis can provide profound insights about the past, the present and the future. We will explore how demographics can lead to a deeper understanding of everything from the South Korean economic miracle and the Arab Spring through control of Congress and falling enrollments in the Davis Joint Unified School District, to what lies ahead for Social Security, senior health care and California universities. We will also discuss global trends in birthrates, why we need more immigrants and what ever happened to Paul Ehrlich’s 1968 prediction of the population bomb.

Instructor: Ken Verosub is distinguished professor emeritus in the Department of Earth and Planetary Sciences at UC Davis. His interests range from understanding the Earth’s magnetic field to deciphering the Earth’s climate. At present, he is studying the interface between geologic processes and human activity, including the role of natural disasters in shaping human history.

1 Wednesday **April 13** **2-4 p.m.**
214SNR388 **\$25** **Zoom**



California Ground Squirrel – courtesy of Vanillakirsty



All the Eggs in One Basket: Starting Your Home Poultry Flock

Lots of people have started raising their own brood of backyard chickens for their precious eggs. If this is an item on your personal bucket list, join us for this special opportunity to learn vital details from a professional to get a successful start. This course will offer suggestions for humanly raising a small flock of chickens in an urban or rural area. Discussion will include instruction on brooding and feeding chicks from hatching to maturity. Breed selection, disease control and egg cleaning and storage will also be discussed. **This course is open to the public. OLLI membership is not required.**

Suggested reading: *Starting and Managing Small Poultry Units* by R.A. Ernst, Stanley Coats and R. A. Shippey, Division of Agricultural Sciences, University of California, Leaflet 2656

Instructor: Ralph Ernst is an emeritus professor and received a Ph.D. in poultry science from Michigan State University in 1966. He served as an Extension poultry specialist with UC Davis from 1966 to 2004.

1 Saturday June 4 10 a.m.-noon
214SNR400 \$25 Galileo

Your Forever Home: A Professional’s Perspective on Home Remodeling

If you love your current home and want to make it the best place to spend your future, this course is for you. In a world where nearly all pertinent information is only provided via the Internet, how can you trust the information available to conduct a successful remodel in your home? Is the time-honored custom of asking friends for referrals of tradespeople really the best way to make these important decisions? And what *if* your current home is not the ‘forever home’ of your dreams? What kind of check-list are you making to determine what that dream home looks like? Enjoy this interactive discussion with a professional who understands the “ins and outs” of construction and design.

Instructor: Genise Hood Plessas has over 20 years of experience in interior design assisting clients in achieving high-quality outcomes on construction projects. She has built a reputation in educating clients on fashioning a beautiful aesthetic while selecting products to fit and perform using state-of-the-art innovations and technology. She has served on multiple boards and believes that giving back to her industry partners, clients and community is a key to the importance of great design.

2 Tuesdays May 3 & 10 2-4 p.m.
214SNR405 \$40 Zoom



Home-grown eggs may be a part of your future – courtesy of Elena Mozhvilov, Unsplash

Innovative Digital Approaches for Mental Health

In statistics reported by the National Institutes of Health, approximately 9.5% of American adults will suffer from a depressive illness each year. Most people with mental health concerns fail to receive timely access to adequate care or have difficulty getting access to treatment. Is it possible to alleviate some or most of their needs through digital intervention? Joaquin Anguera is one of several researchers studying mobile technology (smartphones and surface pad apps) as a tool for mental health care. In studies of depression among older adults, underserved populations and individuals with cognitive deficits, positive outcomes have been documented. Learn how innovative approaches, especially those involving everyday digital technology, may be used to help alleviate the deficit of mental health care in our nation.

Instructor: Joaquin Anguera is an assistant professor at UC San Francisco. His work focuses on using novel technologies to assess and remediate cognitive deficiencies across a number of populations.

1 Tuesday	June 7	10-11:30 a.m.
214SNR404	\$25	Zoom

Mindful Movement: Qigong and Stretching

Join OLLI members from across the nation in this online class, designed to help students develop or improve a daily movement program. This introduction to Qigong, T'ai Chi and Somatic Meditation. Movements will be taught both as physical and energetic exercises and as methods for improving present moment awareness and mindfulness of subtle perceptions. Students will be asked to practice outside of class. There will be printable handouts to support you, as well as links to videos on Facebook Live, YouTube and an optional DVD available from the instructor (not included in cost of course). The Zoom class will be taught live and will include time for questions and social time with other students. Participants will need to be able to lay down and get up from the floor and be able to move about comfortably in a home space while watching Zoom. Exercises will challenge and enhance flexibility, balance and coordination. **Limited enrollment. Waiver signature required.**

Instructor: Nando Reynolds, MA, has studied and taught T'ai Chi, Karate, Kenpo, Qigong, Contact Improvisation Dance and massage over the last 30 years. He is a bestselling author in the martial arts field. He works in private practice as a psychotherapist. He has been teaching with OLLI at Southern Oregon University since March 2020, as well as in community colleges and privately since 1990.

4 Tuesdays	April 5-26	9-10:30 a.m.
214SNR401	\$60	Zoom

WHY I GIVE

TO THE HEART OF OLLI



“Having spent most of my life as a practicing attorney and law teacher in multiple settings, I believe OLLI is the best education in our time and place. OLLI’s highly focused courses invite participants of all backgrounds to gain a greater understanding of our complex world. This is all made possible by devoted, capable volunteers, including instructors, committees and organizers—guided by a dedicated expert support staff. I place the highest value on the time and resources I have spent in OLLI—as a student, an instructor and a financial contributor.”

- Tony Tanke, Davis, CA

Help OLLI by showing that you share our vision for lifelong learning throughout Yolo County and the region. Make a commitment to monthly giving (as simple as \$10 per month) through our fundraising webpage: give.ucdavis.edu/go/HeartofOLLI

The Heart of OLLI fund is administrated by The Regents of the University of California—a qualified charity that provides donors with tax benefits to the full extent of the law. Your gift qualifies for a tax-deduction in accordance with IRS regulations during the calendar year that you make your gift. After making a gift you will receive an email with information that can serve as a receipt for your files. Please consult your tax professional for more information.

Questions? Contact OLLI Director, Lisa Smith-Youngs for more details at (530) 752-9695.



Important Facts about Your Class Enrollments

Your computer is a vital link to OLLI updates!

It’s more important than ever before that OLLI members check email for messages from cpeinfo@ucdavis.edu or OLLI@ucdavis.edu. The OLLI office must employ UC software resources to communicate quickly and efficiently with our members. Updates, assignments and cancellations of OLLI courses are sent via email.

If you receive an email from cpeinfo@ucdavis.edu it is most likely an important message regarding a class for which you are registered.

- Call the Student Services staff at (530) 757-8777 to make sure your email address is up to date in our files.
- Check your computer, tablet and phone email settings to be sure messages from the email sources mentioned above aren’t going to your spam folder.
- OLLI excursion course fees are no longer refundable once you have enrolled, unless your vacancy can be filled by our wait list. A \$20 service fee will apply. Please contact OLLI staff at (530) 752-9695 for details.
- There will be no service charge for withdrawal requests prior to the beginning of the quarter. Once the quarter begins, requests to withdraw from a class are subject to a \$20 processing fee, or the member may request a credit to their student account to be used before the end of the academic year. All fees being held at the conclusion of the academic year will be forfeited.
- Check the times of your classes. Some class times vary. Please be courteous to others by arriving on time. If you must leave early, leave during the break if at all possible.



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