

HMOs

More on UC Medical Plans

Choosing doctor = choosing group

If you choose an HMO, you must also choose a **Primary Care Physician (PCP)**. When you pick your PCP you are also choosing, in advance, the medical group to which your doctor belongs—as well as the specialists and hospitals that you may use for non-emergency care.

The table to the right shows the availability of major, local medical groups by plan.

The table below shows the hospital affiliations for local medical groups. Medical groups may choose to refer you to other facilities.

Always check with your insurance company to verify the availability of your medical providers. If you intend to see a new doctor, also verify availability with that doctor's office. To search for a PCP: hr.ucdavis.edu/employees/hcf#search

Medical Groups	UC Blue & Gold HMO (Health Net)	Kaiser Permanente/ Kaiser Senior Advantage
Hill Physicians	✓	
Mercy Medical Group (Dignity)	✓	
NorthBay Healthcare		
Permanente Medical Group		✓
Sutter Independent Physicians		
Sutter Medical Group		
Sutter Medical Group, Solano		
UC Davis Medical Group	✓	
Woodland Clinic (Dignity)	✓	

Choosing group = choosing hospital

Medical Groups	Hospitals
Hill Physicians	<i>Carmichael: Mercy San Juan; Fairfield: NorthBay Medical Center; Folsom: Mercy Folsom; Sacramento: Mercy General, Methodist Hospital of Sacramento; Vacaville: VacaValley Hospital; Vallejo: Sutter Solano Medical Center</i>
Mercy Medical Group (Dignity Health)	<i>Carmichael: Mercy San Juan; Folsom: Mercy Folsom; Sacramento: Mercy General, Methodist Hospital of Sacramento</i>
NorthBay Healthcare	<i>Fairfield: NorthBay Medical Center; Vacaville: VacaValley Hospital</i>
Sutter Independent Physicians	<i>Auburn: Sutter Auburn Faith; Davis: Sutter Davis; Sacramento: Sutter Medical Center, Sacramento; Roseville: Sutter Roseville</i>
Sutter Medical Group	<i>Auburn: Sutter Auburn Faith; Davis: Sutter Davis; Sacramento: Sutter Medical Center, Sacramento; Roseville: Sutter Roseville</i>
Sutter Med. Grp., Solano	<i>Vallejo: Sutter Solano Medical Center</i>
UC Davis Medical Group	<i>Sacramento: UC Davis Medical Center</i>
Woodland Healthcare (Dignity Health)	<i>Woodland: Woodland Memorial Hospital</i>

Special points of interest:

- ◆ Kaiser contracts with one large group, the **Permanente Medical Group of Northern California**, and members must use Kaiser hospitals & pharmacies. Kaiser offers hospitals in Roseville, Sacramento & Vacaville.
- ◆ HMO members: Your plan will usually let you change PCPs and groups mid-year; simply call the plan to request a change.
- ◆ HMO members: If you don't choose a PCP, you may be assigned one.
- ◆ CORE, UC Care, UC Health Savings Plan, UC High Option, UC Medicare PPO, and UC Medicare Choice members are not limited to pre-paid medical groups and are not required to choose a PCP.

See reverse for PPOs

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PPOs | More on UC Medical Plans

Choosing provider = choosing network

Medical Groups/Hospitals	CORE/ UC Health Savings Plan Anthem Preferred network	UC Care		UC High Option/ UC Medicare PPO (Anthem Medi- care Supplement)	UC Medicare Choice (UnitedHealth- care Medicare Advantage PPO)
		UC Select network	Anthem Preferred network		
Hill Physicians/Dignity Health hospitals: Mercy San Juan; Mercy Folsom; Mercy General; Methodist Hospital of Sacto.	✓		✓	✓	✓
Mercy Medical Group/Dignity Health hospitals: Mercy San Juan; Mercy Folsom; Mercy General; Methodist Hospital of Sacto.	✓		✓	✓	✓
NorthBay Healthcare/NorthBay Medical Center; Vacav Valley Hospital	✓		✓	✓	✓
Sutter Independent Physicians/Sutter Auburn Faith; Sutter Davis; Sutter Medical Center, Sacramento; Sutter Roseville Medical Center	✓		✓	✓	✓
Sutter Medical Group/Sutter Auburn Faith; Sutter Davis; Sutter Medical Center, Sacramento; Sutter Roseville Medical Center	✓		✓	✓	✓
Sutter Medical Group, Solano/Sutter Solano Medical Center	✓		✓	✓	✓
UC Davis Medical Group/UC Davis Medical Center	✓	✓		✓	✓
Woodland Clinic/Woodland Memorial Hospital (Dignity)	✓		✓	✓	✓

Special points of interest:

- ◆ To search for specific network providers, start here: hr.ucdavis.edu/employees/hcf#search
- ◆ **Always** check with your insurance company to verify that they contract with your providers. If you intend to see a new doctor, also verify availability with that doctor's office. Medical providers contract with PPO networks individually; **not all doctors/hospitals/labs/etc. within a medical group necessarily contract with the same PPO networks.**
- ◆ PPO = Preferred Provider Organization. **Preferred providers cannot "balance bill"** (charge more than their contractual rate with your plan). Anthem Preferred providers (and UC Select providers for UC Care) are considered In-Network because they have a contract with your plan. **Out-of-Network providers have no contract limiting what they can charge; the patient is responsible for balance billing.**
- ◆ For Anthem plans where Medicare is the primary payer (**UC High Option, UC Medicare PPO**): any Medicare provider can be used; see medicare.gov to search for providers. Exception: use Anthem Preferred providers for services covered by your plan but not covered by Medicare (e.g. hearing aids). Note: Sutter primary care physicians are not accepting new Medicare patients in Davis/Sacramento.
- ◆ For the retiree Medicare Advantage PPO plan **UC Medicare Choice** (UnitedHealthcare), any Medicare provider can be used; see medicare.gov to search for providers. Note: providers bill UnitedHealthcare, not Medicare.

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